



INVITATION

Two days advanced seminar Review of the functional anatomy of the hand and its rehabilitation

Theory and practical clinical tips

- Agenda:** See attached program
- Date:** **Monday to Tuesday 24th – 25th February 2020**
- Time:** 9.00 –16.30, 8.30–15.00
- Venue:** Brostugevägen 18 Uppsala, Sweden
- Price:** Two full days course costs 360 €, VAT 25% not included, this goes for participants from Sweden
- Included in the price; Course compendium with handouts, samples of material, breakfast, lunch and afternoon coffee/tea
- Speaker:** Maggi Persson, OTR See attached short CV below or visit www.artrionova.se
- Contact:** Margareta Persson at margareta.persson@artrionova.se
Phone +708 252129
- Sign up:** Sign up for participation before 24th January 2020 to info@artrionova.se
- The following contact information is needed:
- Full name and work address
 - E-mail address for correspondence
 - Invoice address

WELCOME!

Program Advanced Hand Therapy course

Uppsala

23-24 February 2020

Monday 24/2

9.00	-	9.10	Introduction
9.10	-	10.10	Overview of important functional anatomy of the hand
10.10	-	10.30	Coffee/Tea
10.30	-	12.00	Analyze of movement patterns and the bio-mechanics of the hand and forearm Hands on examination and palpation
12.00	-	13.00	Lunch
13.00	-	14.20	General tips for splinting the hand; stiffness, pain, edema, hyper mobility, imbalance, etc.
14.20	-	14.40	Coffee/Tea
14.40	-	16.30	Spasticity and splinting options; CVI, Cerebral Palsy, MS etc. When, where and for how long? Theory and clinical practice. Contracture – prevention, counteract and treat – Theory and what can be done?

Tuesday 25/2

8.30	-	10.00	Focus the wrist after trauma; edema, pain, stiffness, imbalance, weakness etc. Splinting and exercise regimes; How can we (re)create static/dynamic stability? Theory and clinical discussion Review of custom made orthoses and pre made orthoses including useful adaptations of these. Time to review different orthotic devices used and recommended after forearm fractures How do we handle manifest contractures? What can be done with orthoses?
10.00	-	10.20	Coffee/Tea
10.20	-	12.00	Fractures and ligament injuries of the hand; thumb and fingers. Theory and discussion – Dynamic versus static splint etc.
12.00	-	13.00	Lunch
13.00	-	14.40	Osteo and rheumatoid arthritis, hypermobility and other joint problems. An increasing group of patients. How can we help with splints, supports, exercises etc. Theory and clinical discussion
14.40	-	15.00	Coffee/ tea
			Summary and closing

Notes on the speaker:

Ms Persson is an occupational therapist, senior hand therapist. She has a vast experience on hand therapy and has been invited on many congresses as invited speaker next to giving lectures at the universities of different countries such as Sweden, Croatia, China, Finland, and Kenya. She has organized congresses and courses throughout Scandinavia and in more than 35 countries around the world.

Besides these tasks she has been holding office on the executive committee of the IFSHT as Historian, Secretary General, President, and as Immediate Past President of the IFSHT.

2019 in Berlin at IFSHT triennial meeting she received the Life Time Achievement award from the IFSHT.

Currently she works part time at the Uppsala University Hospital, combined with self-employment.

Her business includes running hand therapy and splinting workshops, being a consultant for children's splinting clinics, and at different hand surgery clinics in Scandinavia.

Ms Persson has also an interest in product development.

Visit Maggi's website: www.artronova.se

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